

RETURN TO WORK TEMPORARY DUTY ASSIGNMENT -  
LIGHT/MODIFIED/ALTERNATE DUTY  
POSITION REQUIREMENTS WORKSHEET

Temporary RTWDA Position Title: \_\_\_\_\_

Temporary RTWDA is ( F O L F N ONE):      Light              Modified              Alternate Duty

Date of Injury/on serL

Based on the attached medical provider's duty/task restrictions the assigned RTWDA position will involve the performance of the following tasks/duties to the extent/frequency indicated:  
 O = Occasionally (1-33%), F = Frequently (34-66%), C = Constantly (67-100%)  
 R = Totally Restricted, employee should not perform this task or this task is not required to accomplish the requirements of the RTWDA

	Occasionally (1-33%)	Frequently (34-66%)	Constantly (67-100%)	Restricted (Not at all)
Climbing:	_____	_____	_____	_____
Balancing:	_____	_____	_____	_____
Bending	_____	_____	_____	_____
Stooping:	_____	_____	_____	_____
Kneeling:	_____	_____	_____	_____
Crouching:	_____	_____	_____	_____
Crawling:	_____	_____	_____	_____
Reaching:	_____	_____	_____	_____
Standing:	_____	_____	_____	_____
Walking:	_____	_____	_____	_____
Pushing:	_____	_____	_____	_____
Pushing no more than _____ pounds.				
Pulling:	_____	_____	_____	_____
Pulling no more than _____ pounds.				
Lifting:	_____	_____	_____	_____
Lifting no more than _____ pounds.				
Fingering:	_____	_____	_____	_____
Grasping:	_____	_____	_____	_____
Repetitive motions:	_____	_____	_____	_____
Talking:	_____	_____	_____	_____
Hearing:	_____	_____	_____	_____

Comments (include restrictions not included above):

---

---

---

---

---

---

---

---

VISUAL DEMANDS (Circle the One which best applies)

A. Clerical, Administrative, Machine Operators (including inspection), Inspection, Close assembly: Minimum standard for those whose work deals largely with preparing and analyzing data and figures, accounting, transcription, computer terminal, extensive reading, visual inspection involving small defects, small parts, operation of machines (including inspection), using measurement devices, assembly, or fabrication of parts at distances close to the eyes.

B. Mechanics, Skilled Tradespeople, Machine Operators (without inspection): Minimum standard for those whose work deals with machines such as lathes, drills, presses, power saws, and mills, where the seeing job is at or within arm's reach. Also, mechanics and skilled tradespeople and those who do work of a non-repetitive nature such as carpenters, technicians, service people, plumbers, painters, mechanics, etc.

C. Mobile Equipment Operators: Minimum standard for those who operate cars, trucks, forklifts, cranes, and high lift equipment.

D. Other: Minimum standard based on criteria of accuracy and neatness of work for housekeepers and dining room staff.

The supervisor and employee have jointly reviewed the above task/duty requirements and restrictions, and understand and agree to comply with the above restrictions.

This temporary return-to-work assignment