What is the STAR Format?

S – Situation Describe a specific situation that addresses the question.

T – Task Describe the tasks associated with the situation.

A – Action Describe the actions you took to address the situation.

R – Result Describe the outcome of your action.

Where can I find additional information about Behavior-Based Interviews (BBI)?

There is an abundance of information on the Internet. Some search options include: behavior-based interviews, behavioral interviews, and competency-based interviews.

